

# Baltimore County Public Schools Parent University SCHEDULE OF EVENTS



Educating & Empowering Families

**These events are offered by BCPS offices. [Click here to find Parentmobile sightings!](#)  
[Click here to go to community events!](#) Para ver nuestros eventos en español haga clic aquí.**

## Highlights

**Every Wednesday – Every Month! Two English sessions, 10:00 AM & 1:00 PM**

### **Family Support Wednesdays**

**Virtual:** <https://meet.google.com/jbx-jjbt-exc>

Every Wednesday join BCPS Department of Special Education for an opportunity to find support, connection, and information designed for just parents of young children with developmental delays (birth – 5). These are casual groups to get to know each other and build community. On the last Wednesday there is a special session for caregivers of micro-preemies and children with special healthcare needs from 2:00 – 2:45 PM.

**April 3, 10 & 30, 2024**

### **Community Conversations & Curriculum Nights**

**Wednesday, April 10, 6-7 p.m. Loch Raven Technical Academy Community Conversation**

**Tuesday, April 30, 6-7:30 p.m. Dulaney High School Curriculum Night**

Team BCPS students, families, and stakeholders are invited to participate in upcoming community conversations. At these events, BCPS Superintendent Dr. Myriam Rogers will share information about key BCPS priorities, hear from Team BCPS community members, and answer questions. Spanish interpretation will be available at all sessions. Interpreting services for other languages upon request (443-809-1250).



# April 2024

## **April 12 – 12:30 PM**

### **Lunch & Learn – This is Hard! How to Help Your Child Do Hard Things and Persevere in the Face of Challenges**

#### **Virtual**

Presented by Mariposa Education

Parents often find it difficult to encourage their child to keep trying when things are hard, or to do hard things. And the many ways we try to motivate our children can backfire. It turns out that when we are learning something new, we need 5 forms of positive feedback for every negative or constructive form of feedback. And yet how we offer that feedback makes a big difference. In this workshop, we will give you the language to reinforce your child so that they can build the self-motivation they need to try again and do hard things.

[For registration click here!](#)

## **April 19 – 12:30 PM**

### **Lunch & Learn - Embracing Your Power: The Importance of Nurturing Yourself**

#### **Virtual**

Presented by the Center for Family Success

Center for Family Success is partnering with Parent University to offer monthly Lunch & Learn sessions on parent hacks, early learning, and health related topics.

[For registration click here!](#)

## **April 24 – 12:30 PM**

### **Lunch & Learn – How Medicaid Works**

**Virtual: English at 12:30 PM, Spanish at 1:00 PM**

Presented by Sandra Powell of Wellpoint

Wellpoint is partnering with Parent University to offer this Lunch & Learn session on Maryland Medicaid and related health information.

[For registration click here!](#)

# May 2024



## **May 2 – 12:30 PM**

### **Lunch & Learn – BCPS & Talkspace – Online Mental Health Support for Teens in High School Virtual**

Presented by Talkspace

Discover how BCPS is providing a valuable opportunity for teens, aged 13 and above, to access Talkspace therapists, mental health resources, and additional support, completely free of charge. Whether it's dealing with school and holiday stress, navigating relationships, or managing friend drama, this online platform offers a safe space for teens to seek the help they need. Register to learn more about this new resource.

[For registration click here!](#)

## **May 16 – 12:30 PM**

### **Lunch & Learn - Introduction to Bullying Prevention**

**Virtual**

Presented by Brad Engel, Maryland State Department of Education

What is bullying? What are Maryland's laws around bullying? How can you help prevent bullying? Brad Engel, School Climate Initiatives Specialist with the Maryland State Department of Education, will provide an hour of crucial information on how to effectively respond to bullying situations and get a better understanding of the barriers that prevent children from reporting to adults. For educators and parents/caregivers alike.

[For registration click here!](#)

## **May 24 – 12:30 PM**

### **Lunch & Learn - "Tell me a Story": Why Reading with your Child is Important**

**Virtual**

Presented by the Center for Family Success

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[For registration click here!](#)

# **June 2024**

## **June 7– 12:30 PM**



## Lunch & Learn - Summer Bucket List: What to do during the long summer months.

### Virtual

Presented by the Center for Family Success

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[For registration click here!](#)

## Parentmobile Sightings!

**April 11 – 5:50 – 8:30 PM**

**Special Education Resource Fair @ Riverview Elementary School**

Please visit and pick up all sorts of written resources that help families and students.

## Eventos en Español

**3, 10 y 30 de abril de 2024**

**Conversaciones comunitarias y noches curriculares**

**Miércoles 3 de abril, de 6 a 7 p.m. Conversación comunitaria de Eastern Technical High School (transmisión en vivo)**

**Miércoles 10 de abril, de 6 a 7 p.m. Conversación comunitaria de la Academia Técnica de Loch Raven**

**Martes 30 de abril, 6-7:30 p.m. Noche del plan de estudios de la escuela secundaria Dulaney**

Los estudiantes, las familias y las partes interesadas del equipo BCPS están invitados a participar en las próximas conversaciones comunitarias. En estos eventos, La superintendente de BCPS, Dra. Myriam Rogers, compartirá información sobre las prioridades clave de BCPS, escuchará a los miembros de la comunidad del Equipo BCPS y responderá preguntas. Habrá interpretación en español disponible en todas las sesiones. Servicios de interpretación para otros idiomas previa solicitud (443-809-1250).

## Community Events & Resources

**National Alliance on Mental Illness (NAMI) Support Groups, Classes, Events**

**Virtual and In-Person**



[For more information and to register click here!](#)

## **ESOL Classes – Community College of Baltimore County**

### **Virtual and In-Person**

[For more information and to register click here!](#)

